

# JOURNEYMEN WRESTLING CLUB

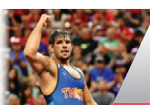
is the **Wrestling Place TO BE!**



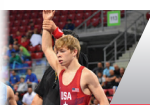
**WORLD LEVEL FREESTYLE STAFF & CLINICIANS**  
Michele Liuzzi - Italian National Coach & European Silver Medalist



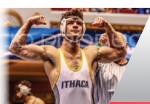
**TOP TIER FOLKSTYLE STAFF**  
Robert Hamlin - 2X NCAA Finalist, Among Others



**WORLD MEDALIST**  
Nick Gwiazdowski - 2X World Bronze



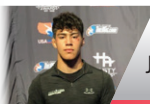
**WORLD TEAM MEMBERS**  
Stevo Poulin - USA World Team Cadet



**COLLEGIATE ALL AMERICANS**  
Jake Ashcraft - Ithaca / Burnt Hills NCAA 3-D National Finalist



**FARGO NATIONAL CHAMPIONS (female)**  
Alexis Porter - Multiple Time National Champion and World Medalist



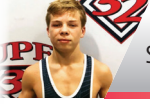
**FARGO ALL AMERICAN**  
Jake Null - Cadet All American 2018



**NYS FREESTYLE TEAM / CLUB CHAMPIONS**  
Cadet and Junior



**DIVISION 1 RECRUITS**  
Brock Delsignore Among Others



**SUPER 32 HIGH SCHOOL CHAMPION**  
Stevo Poulin



**UWW CADET ALL AMERICANS**  
Joe Scheeren / Stevo Poulin



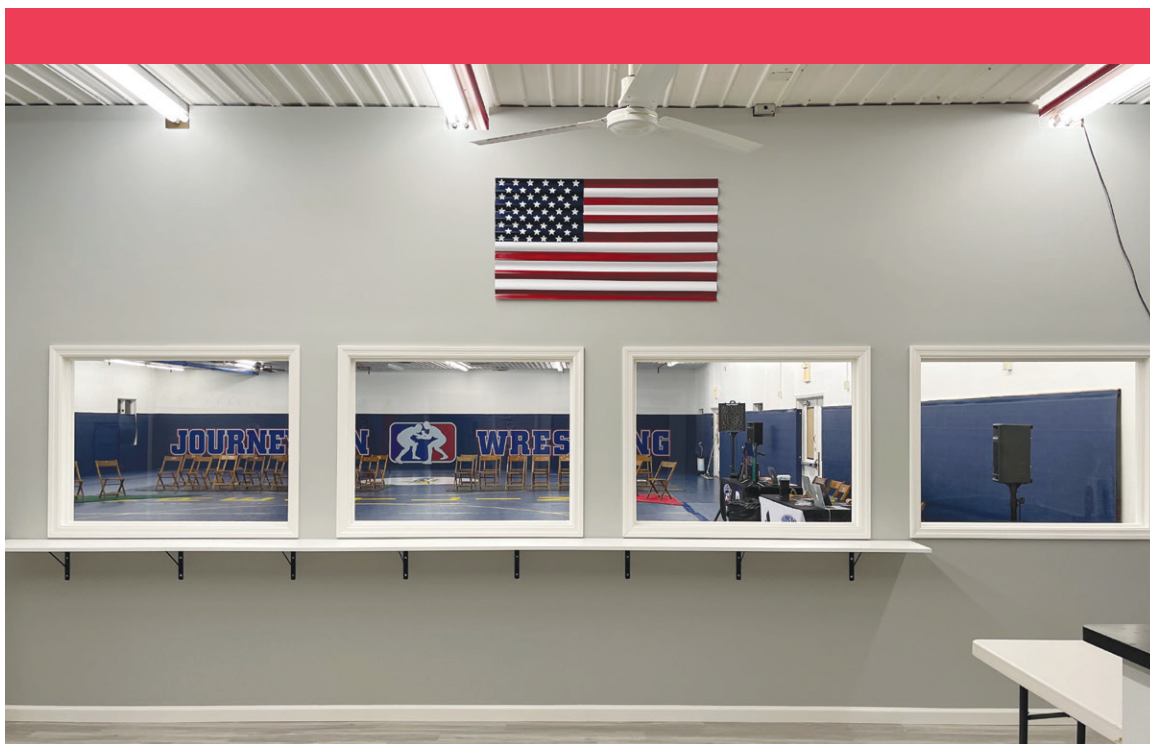
**NHSCA ALL HIGH SCHOOL AMERICANS**  
Michael Gonyea, Kiernan Shanahan, Ethan Cooper and Jake Null



**RENOWNED CLINICIANS & COACHES**  
Jason Nolf & Bo Nickel



**FOREIGN EXCHANGE / CAMPS**  
Russia, Kazakhstan, Kyrgyzstan, Mongolia, Tajikistan, Azerbaijan, France and Italy.



### How to Register

Register online at [www.Journeymenwrestling.com](http://www.Journeymenwrestling.com), under clubs. Look for Register NOW link. You have the option of paying online (link via credit card) or cash. NO CHECKS. Once registered, please hand deliver medical forms to Coach Popolizio or Coach Miller.

### How Much?

**Journeymen Wrestling Club is a non-profit organization;** therefore, monies raised by collecting membership fees help finance the operation of the club – paying world-level coaches, apparel, facility costs, and offsetting entry fees for competitions. If you'd like to contribute beyond the membership fee, please feel free to do so. Your help would be appreciated.

**The membership fees are as follows: (there is no reduction in rate for athletes attending only one night a week or certain months of the year)**

**Member** - Group of wrestlers will get access to special guest clinicians, competitions and practice times. **65-member limit:** Price is \$125 per month for 8 months (March-October): \$1000.00. There is no pausing of memberships.

**Returning Seniors** - Pertains to seniors heading off to college in the fall: **\$825**

**Semi-Private Lessons** (Groups of 4) - Call to inquire about pricing.

**Journeymen Wrestling does not offer payment plans. Payment is due prior to your first practice; however, we have an open-enrollment policy, so you can enroll at any time. The only cut-off date is when we've reached capacity.**

### Insurance

All members are responsible to secure their own secondary insurance. Journeymen Wrestling does not provide accident and health insurance coverage. You must provide proof of this secondary coverage before you are allowed to wrestle in the club. Since Journeymen Wrestling Club is a sanctioned club with USA Wrestling and NYWAY, athletes can secure coverage via USA Wrestling or NYWAY.

USA Wrestling - <https://www.usawmembership.com>

NYWAY - <http://www.nyway.org>

Please be mindful that this is not included in your tuition. Furthermore, this coverage is a secondary insurance plan, but is mandatory for all participants nonetheless.

### Refunds

There are no refunds for any reason once the 2022 session begins.

### Venues

**Niskayuna High School** – Monday, 5:00-6:30 PM  
1626 Balltown Rd., Niskayuna, NY

**Journeymen Training Center** – Wednesday, 5:00-6:30 PM  
100 Saratoga Village Blvd., Suite 22, Malta, NY

**Journeymen Training Center** – Thursday, 5:00-6:30 PM

**Journeymen Training Center** – Sunday, 11:00 AM-12:30 PM

THE CLUB IS CLOSED:

June 29-July 1 – Oklahoma State Camp

August 1-15 – Family time

### Questions and Correspondence

E-mail is the most practical way to communicate; therefore, please make sure that your e-mail address is included and legible on the application. Also, we use the TEAMSnap App to send group text messages. It is imperative that both the parents' and the athlete's numbers are in this system. Finally, sign up on our Journeymen Wrestling facebook page and twitter handle – @jmenwrestling. If a practice is cancelled or a time change is contemplated, we'll inform you through one of these formats.

### Capacity

For years, our philosophy was to not turn any athlete away. Although this inclusiveness has paid some handsome dividends over the past 15+ years, it has also produced some space issues. We now strictly limit the allowable members to 65...no more than that. This makes it the leanest the club has ever been. We feel that the limits offer exclusiveness and more one-on-one attention.

### Eligibility

Who's in, who's not? Wrestlers from 8th to 12th grade are welcome and encouraged to apply. Adults and post grads are also welcome to join, but they must have a signed waiver and comprehensive health insurance in place. (Photo copy of insurance card required). 7th and 8th graders are also eligible for our Mini Men program. We assess each athlete to determine what the best fit is.

**Only apply if you are seriously committed to improving yourself. We're looking for athletes who will truly commit to wrestling off-season.**