

JOURNEYMEN WRESTLING CLUB

is the Wrestling Place To Be!



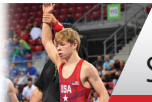
WORLD-LEVEL FREESTYLE STAFF & CLINICIANS
Michele Liuzzi • Italian National Coach & European Silver Medalist



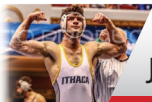
TOP-TIER FOLKSTYLE STAFF
Dominick Moyer (Former Head Assistant, D-I Northern Illinois)



WORLD MEDALIST
Nick Gwiazdowski – 2X World Bronze



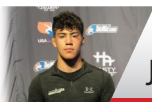
WORLD TEAM MEMBERS
Stevo Poulin – USA World Team Cadet



COLLEGIATE ALL-AMERICANS
Jake Ashcraft – Ithaca/Burnt Hills • NCAA 3-D National Finalist



FARGO NATIONAL CHAMPIONS (female)
Alexis Porter – Multiple-Time National Champion & World Medalist



FARGO ALL-AMERICANS
Jake Null – Cadet All-American



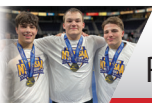
NYS FREESTYLE TEAM/CLUB CHAMPIONS
Cadet and Junior



DIVISION I RECRUITS
Tristan Hitchcock, Among Others



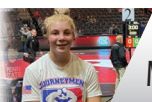
SUPER 32 HIGH SCHOOL CHAMPIONS
Stevo Poulin



NY STATE SCHOLASTIC CHAMPIONS
Reed Douglas, Tristan Hitchcock, Dylan Schell



NHSCA HIGH SCHOOL ALL-AMERICANS
Dylan Schell – Sr. Finalist/Tristan Hitchcock – Jr. Finalist



GIRLS' DIVISION
Mia Collins – Folkstyle National All-American



FOREIGN EXCHANGE/CAMPS
Russia, Kazakhstan, Kyrgyzstan, Mongolia, Tajikistan, Azerbaijan, France, and Italy



HOW TO REGISTER

Register online at www.Journeymenwrestling.com, under clubs, look for **Register NOW** link. As an alternative, visit Tournaflex.com and look for **2023 Journeymen HS Club: off-season**. You have the option of paying online (link via credit card) or with cash. NO CHECKS. Once registered, please hand-deliver medical forms to Coach Popolizio or Coach Miller.

HOW MUCH?

Journeymen Wrestling Club is a non-profit organization; therefore, monies raised by collecting membership fees help finance the operation of the club – paying world-level coaches, apparel, facility costs, and offsetting entry fees for competitions. If you'd like to contribute beyond the membership fee, please feel free to do so. Your help would be appreciated.

The membership fees are as follows: (there is no reduction in rate for athletes attending only one night a week or certain months of the year)

Member - Group of wrestlers will get access to special guest clinicians, competitions and practice times. **70-member limit**: Price is for 8 months (March-October): \$1200.00 (broken up into 3 monthly payments: March - April - May. There is no pausing of memberships.

Returning Seniors - Pertains to seniors heading off to college in the fall: \$900 (two payments)

Semi-Private Lessons (Groups of 4) - Call to inquire about pricing.

Journeymen Wrestling does not offer payment plans. Payment is due prior to your first practice; however, we have an open-enrollment policy, so you can enroll at any time. The only cut-off date is when we've reached capacity.

REFUNDS

There are no refunds for any reason once the 2023 session begins.

VENUES

JV Boys and Girls Nights:

Tuesday & Thursdays 5:00-6:45 PM

Niskayuna High School - 1626 Balltown Rd., Niskayuna, NY

(March-end of June, afterward will combine with varsity groups)

Varsity:

Monday 4:00-5:30 PM, Wednesday-Thursday 5:15-6:45 PM and

Sundays 10:30 AM-12:15 PM

Journeymen Training Center - 100 Saratoga Village Blvd., Suite 22, Malta, NY

THE CLUB IS CLOSED:

April 5-12, 2023: World Camp

June 28-June 30, 2023: Oklahoma State Camp

August 4-6: Penn State Camp

These three dates are tied to our local camp efforts. Club members should take advantage of these supplemental renowned opportunities.

QUESTIONS AND CORRESPONDENCE

E-mail is the most practical way to communicate; therefore, please make sure that your e-mail address is included and legible on the application. Also, we use the TEAMSAP App to send group text messages. It is imperative that both the parents' and the athlete's numbers are in this system. Finally, sign up on our Journeymen Wrestling facebook page and twitter handle – @jmenwrestling. If a practice is cancelled or a time change is contemplated, we'll inform you through one of these formats.

CAPACITY

For years, our philosophy was to not turn any athlete away. Although this inclusiveness has paid some handsome dividends over the past 20+ years, it has also produced some space issues. We now strictly limit the allowable members to 70...no more than that. This makes it the leanest the club has ever been. We feel that the limits offer exclusiveness and more one-on-one attention.

ELIGIBILITY

Who's in, who's not? Wrestlers from 8th to 12th grade are welcome and encouraged to apply. Adults and post grads are also welcome to join, but they must have a signed waiver and comprehensive health insurance in place. (Photo copy of insurance card required). 7th and 8th graders are also eligible for our Mini Men program. We assess each athlete to determine what the best fit is.

Only apply if you are seriously committed to improving yourself. We're looking for athletes who will truly commit to wrestling off-season.

INSURANCE

All members are responsible to secure their own secondary insurance. Journeymen Wrestling does not provide accident and health insurance coverage. You must provide proof of this secondary coverage before you are allowed to wrestle in the club. Since Journeymen Wrestling Club is a sanctioned club with USA Wrestling and NYWAY, athletes can secure coverage via USA Wrestling or NYWAY.

USA Wrestling - <https://www.usawmembership.com>

NYWAY - <http://www.nyway.org>

Please be mindful that this is not included in your tuition. Furthermore, this coverage is a secondary insurance plan, but is mandatory for all participants nonetheless.